

THE 60+ CIRCLE COMMITTEE, a sub-committee of Church & Society
Annual Report 2010

At the end of June, The Caring Community (TCC) senior center at FPC was closed and consolidated with the program that meets at TCC's headquarters on Washington Square North. To partially fill the need for activities for seniors that this closing created, The 60+ Circle Committee initiated a seniors' luncheon on Wednesdays [The 60+ Wednesday Circle]. The pilot program, October through December, proved successful with an average attendance of 18. The program provides fellowship, a hot meal and a program of education or entertainment each week. In 2011 the committee hopes to add mission activities appropriate for the participants.

In July, the committee sponsored an overnight trip for nine people to the PC(USA) Conference Center in Stony Point, NY, with a program on peace-making lead by Virginia Baron, FPC member and authority in the field. The retreat also included an evening at the local summer theater.

The committee organized the following events through the Marie Sibilla "Aging Well" Lecture Series:

- January: "Reaping the Rich Harvest of Your Memories: Why You Should Write a Memoir and How to Begin" with Kathy Lyles Plotkin
- February: "Resources for Seniors" with Olivia Duerr from The Caring Community, and FPC members Betty Jones and Richard Pease
- April: "Parenting and Grandparenting" with Janice Key, M.D.
- May: Screening of "Tuesdays with Morrie" with discussion lead by Jon Walton
- September: "Humor and Aging" with Tom Cathcart, FPC member and best-selling author
- October: "Caring for Family Members from a Distance" with Nona Griffin and FPC member John Davis
- November: "Signs of Dementia" with Mark Zilberman

The April "Aging Well" event was co-sponsored with First Forward. Efforts will continue to include topics in the "Aging Well" series that will attract a wider age range of participants in hope of increasing interaction among FPC members of all ages.

Respectfully submitted,
Michael Clay, Chair

Committee Members in 2010:

Eloise Cathcart
Michael Clay
William Claytor
Mary Cordero
John Davis

John Johnson
Rebecca Johnson
Kathryn Ketcham
Margo Lundell
Georgia Pease

Richard Pease
Rita Rochford
Joseph Sibilla
Heta Wagenhals