

THE 60+ CIRCLE COMMITTEE, a sub-committee of Church & Society
Annual Report 2011

In 2011, the 60+ Circle Committee continued its two major programs, the Marie Sibilla Aging Well Lecture Series and the 60+ Wednesday Circle, and held a summer retreat at Stony Point Conference Center.

The committee organized the following events through the Marie Sibilla Aging Well Lecture Series:

- January: “Hospice Care” with Carol Stangby, LCSW
- February: “Nutrition for Longevity” with Christos Paras, M.D.
- March: “Your Eyesight: The Next 50 Years” with Cynthia Stuen, M.D.
- May: “What Death Has Taught Me about Living” with the Rev. Dr. Jon Walton
- September: “Humor and Aging” with Daniel Klein and Tom Cathcart, FPC member and best-selling author
- October: “What Exactly Is Old Age” with Betty Lim, M.D. Professor of Geriatrics at Mt. Sinai School of Medicine
- November: “Life Unlimited: The Quest for Physical Immortality” with Ed Franco

The 60+ Wednesday Circle successfully completed its first full year with an average attendance of 16 each week, made up of both members of First Presbyterian Church and people from the community at large, providing fellowship, a hot meal and a program of education or entertainment each week. The majority of speakers for the luncheons have been FPC members who have generously offered their time, talents and information as a service to the community. The committee would like to thank them for their generosity.

In July, the committee sponsored an overnight trip to the PC(USA) Conference Center in Stony Point, NY, with a program on peace-making lead by Rick Ufford-Chase, co-director of the center. The retreat also included an evening at the local summer theater.

Respectfully submitted,
Michael Clay, Chair

Committee Members in 2010:

Eloise Cathcart	John Johnson	Georgia Pease
Michael Clay	Rebecca Johnson	Richard Pease
William Claytor	Kathryn Ketcham	Rita Rochford
Mary Cordero	Margo Lundell	Joseph Sibilla
John Davis	Pam Morgan	Heta Wagenhals